## EXCHANGE COFFEE SHOP & KITCHEN

## Breakfast MON-FRI 08.00 - 11.00 (eat in / takeaway

## Banana Pancakes

w/ blueberry compote, fresh berries & cinnamon

(VG) 3

### Avo Toast

w/ toasted Assembly Bakery sourdough, mashed avo w/ chilli, coriander & lime

> (VG) 3.5

### Breakfast smoothie

Banana, blueberries, almond milk, chia seeds & rolled oats

(VG/GFO)

3.5

Selection of pastries & cereals

1 from

# Lunch MON-FRI 12.00 - 15.00 (eat in / takeaway)

## Taco plate

Roasted buffalo cauli wings/pulled jackfruit/refried beans/smoked tofu\* Pica de Gallo salsa, raw slaw, guac & chipotle mayo served on freshly toasted corn tortilla

\*example fillings - changes throughout the week

(VG/GFO)

+ salad +1.5

### Soup or stew of the day

w/ toasted Assembly Bakery sourdough

(VG/GFO\*)

\* GF w/o Sourdough

#### Salad Box

Selection of salads changes on a daily basis

(VG/GF) 3

## Cold counter special (changes on daily basis)

Examples;

"Chorizo" Sausage Roll (VG)

1.5

Farinata/Spanish Tortilla (VG/GF)

2.5 per slice

**VG** - Vegan GF - Gluten Free GFO - Gluten Free option