

May 15th - 19th

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
15		16		17		18		19	
5:00	Farmers Branch: First Baptist - 5 a.m.	6:00	Addison Circle (Meeting at AVIS Rental) - 6 a.m.	5:00	Vitruvian Park - 5 a.m. Addison:	5::00	Farmers Branch: First Baptist - 5 a.m.	5:30	Timbeglen Park - 5:30 a.m.
5:15	Farmers Branch: First Baptist - 5:15 p.m.	12:00	BSN Sports - 12 p.m.	6:00	Farmers Branch: 2nd Chance Baptist - 6 p.m. - Nutrition Workshop	12:00	Addison Circle - 12 p.m. (Meeting at Spruill Park)	5:30	Josey Ranch Lake Library - 5:30 a.m.
5:45	Kelly Pre-K (Josey Ranch location meeting at Kelly Pre-K)- 5:45 p.m			6:30	Addison Circle - 6:30 p.m.(Meeting at Spruill Park)	5:00	Vitruvian Park - 5 p.m.		
6:30	Farmers Branch: First Baptist - 6:30 p.m.					5:45	Addison Circle - 5:45 p.m. (Meeting at Spruill Park)		
7:00	Kelly Pre-K (Josey Ranch location meeting at Kelly Pre-K)- 7:00 p.m								



Camp Gladiator Addison/Carrollton/Farmers Branch



*******Important announcement*******

Due to Taste of Addison setup. All Addison Circle Park Workouts will be meeting at alternate location this BOLD week

AM Workout Location: AVIS Rental Car: 15804 Addison Rd, Addison 75001 (Meets in parking lot on south side of building)

Noon and PM Workout Location: Spruill Park: 4925 Marcus Ave Addison, TX 75001