

Date	Event	Venue	Provider	Booking
November				
4-6th	Tyne Tour	Hexham	Tyne Tour Com	On-line
6 & 20th	16hr First Aid	Stanton Lake	Hinckley CC	Hayley Clarke
5/6th	L1 Course (1st)	Grafham Water	Andy Oughton	Grafham Water
5th	FSRT	River Soar	Katy Groom	LOPC
5/6th	4 Star Touring Assessment		Colin Broadway	Colin Broadway
12/13th	L2 Training (2nd)	Boat House	EMRDT	Colin Broadway
15th	Paddleability Foundation Module	Boat House	Drew Cartwright	Andy Oughton
19th	Barrow Downriver Race	Boat House	Soar Valley CC	Richard Vincent
19/20th	L1 Course (2nd)	Grafham Water	Andy Oughton	Grafham
19/20th	BC Coach Conference	Eastwood Hall	British Canoeing	Natasha Devonshire
26/27th	L1 Course (1st)	Burton CC	Andy Oughton	Stuart Briggs
27th	8hr First Aid	Boat House	Dawn Scott	Dawn Scott
December				
3rd	Matlock WW Race (2)	Matlock	11.20 briefing	Sign in on the day
6-9th	L1 Midweek Course	LOPC	Andy Oughton	LOPC
8th	3 Star Canoe Assessment	Matlock	Drew Cartwright	Mill Adventure Base
10-11th	WWSR	LLangolen	Andy Turton	PaddlePlus
10-11th	L1 Course (2nd)	Burton CC	Andy Oughton	Stuart Briggs
13th	Coaching the Mind Module	Boat House	Drew Cartwright	Andy Oughton
15th	SUP Coach Module	LOPC	Andy Oughton	LOPC
17th	Barrow Downriver Race	Boat House	Soar Valley CC	Richard Vincent
27th	Cold Turkey Paddle	Matlock	PaddlePlus	PaddlePlus
January				
7th	Barrow Downriver Race	Boat House	Soar Valley CC	Richard Vincent
8th	MWE Canoe Training pre-load	Boat House	Andy & Colin	Andy Oughton
9th	RDT Meeting	Boat House		
10th	Positive Framing Module	Boat House	Andy Oughton	Andy Oughton
14th	Matlock WW Race (3)	Matlock	11.20 briefing	Sign in on the day
February				
4-5th	4 Star WW Canoe Training Canoe MWE Training	N Wales	Andy Oughton & Colin Broadway	Andy Oughton
7th	Inland Navigation Module	Boat House	Colin Broadway	Andy Oughton
11th	Barrow Downriver Race	Boat House	Soar Valley CC	Richard Vincent
13th	RDT Meeting	Boat House		
18/19th	L1 Course (1st)	Boat House	EMRDT	Colin Broadway
25th	Matlock WW Race (4)	Matlock	11.20 briefing	Sign in on the day
25/26th	16hr First Aid Course	Boat House	Dawn Scott	Dawn Scott
March				
3rd	Coaching Matters (update)	Hollowford Centre	Claire McDonald	Lindley Trust
7th	Coaching Young Paddlers Module	Boat House	Drew Cartwright	Andy Oughton
11th	Barrow Downriver Race	Boat House	Soar Valley CC	Richard Vincent
12th	FSRT	Boat House	EMRDT	Colin Broadway
13th	RDT Meeting	Boat House		
18th	Coaching Matters (update)	Mill Adventure	Drew Cartwright	Mill Adventure Base
18th	Matlock WW Race (5)	Matlock	11.20 briefing	Sign in on the day
19th	Coaching Matters (update)	Wychaven	West Mids RDT	
25-16th	L1 Course (2nd)	Boat House	EMRDT	Colin Broadway
April				
19th	Coaching Matters (update)	LOPC	Andy Oughton	Andy Oughton

Contact details overleaf

Courses to finalise:

VHF Radio Operators

4 Star WW Canoe training/assessment

Strength & Conditioning Module

Fundamentals of Movement Module

Thursday evening sessions

at the Boat House are available to work on:

Preparation for Coaching

Skills Clinics

L2 Pre Assessment support

Tuesday Night Foundation Module programme

Back by popular demand – chance to think coaching and catch-up with paddlers over winter

6.30pm for 7pm start. 3 hour modules

Book one or more in advance £15 per module includes certification and a light supper on arrival.

Email for booking form andy@soarpaddler.co.uk

White Water Canoe Training

A programme of training for both MWE and 4 Star candidates working with Andy Oughton, Colin Broadway and each other. For the MWE there is a flat water orientation day on 8th January then for both groups, training in N. Wales the weekend of 4-5th February. Limited places on both courses.

Contact Details:

Colin Broadway and Boat House email: colinbroadway@yahoo.com

Mill Adventure Base (Coaching Matters) email: andrew.cartwright@nottscc.gov.uk

Leicester Outdoor Pursuits Centre: www.lopc.co.uk on line booking

Hollowford Centre Email: enquiries@hollowford.org

Welsh Canoe Symposium: email: glan-llyn@urdd.org

Dawn Scott (First Aid courses) email: dawncanoeing@btinternet.com

Hayley Clarke (Hinckley FA) email: hayleyclarke27@hotmail.com

Andy Oughton (Tuesday night programme bookings) email: andy@soarpaddler.co.uk

Barrow & Matlock Races book in on the day before briefings at 11ish