

1ST
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NEDGE
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LIFE MATTERS

Suicide is not
the only out

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APPS AND GADGETS



Love Monate™ is an Entertainment Gig Guide Mobile App that brings you only the best of Mzansi events all across the country.

The night life has been made easier at the comfort of your own smart phone, unlike the old traditional way of advertising events using posters stuck on walls or nailed to trees, the app brings all those events onto a device with a centralized management. We make it easy for the party lovers to know about all events happening all across South Africa with a one button click Google Map integration that takes you straight to the gates of an event.

Why did we develop such an app you ask?

Well it's simple, outgoing people such as us always wants to keep up to date about our favourite DJs and Artists, we want to know which Venue is pumping it up at certain nights, we travel quite often and want to know which Province is making the earth shake and of course we cannot always be turning it up every single weekend so luckily the app also has an Event calendar which allows us to know when each event is happening thereby allowing us to plan our nights out.

What is the app all about?

Features of what's on the app:

Artists

Who is playing when and where?

This is where you can follow your favourite artists and see where and when they will be performing.

Venues

Which venue is rocking?

This is where you can follow your favourite venue to see what is happening at the specific venue.



Province

What is happening in your province?
Search for events from all our 9 provinces.

Events

When is it going down?
Checkout all events by calendar date to be sure not to miss anything.

Locate

Where can I go?
Search for your nearest events using Google Maps which includes an integrated navigation.

Live On Air

Tshwane FM hosted a session on Love Monate™ on 21st July with DJ Neo Van Given. The topics covered the app in depth which promoted the app. Views all across Tshwane were intrigued and the response from the listeners was positive.

How can I get the app?



1. Locate the Google Play Store icon on your mobile device.
2. Type "love monate" or on the search field.
3. Click on the Love Monate icon.
4. Click Install
5. Enjoy and Party Responsibly!

Get It Touch

Get in touch with us on the following social platforms:



facebook.com/lovemonateApp



twitter.com/lovemonateApp



lovemonate@gmail.com



076 7533 123

BEAUTY

Starts With The Skin



Beauty can be found anywhere and in anything. It is a broad concept and it is subjective but in conclusion beauty is based on the beholder which catches attention and holds an inner meaning behind it.

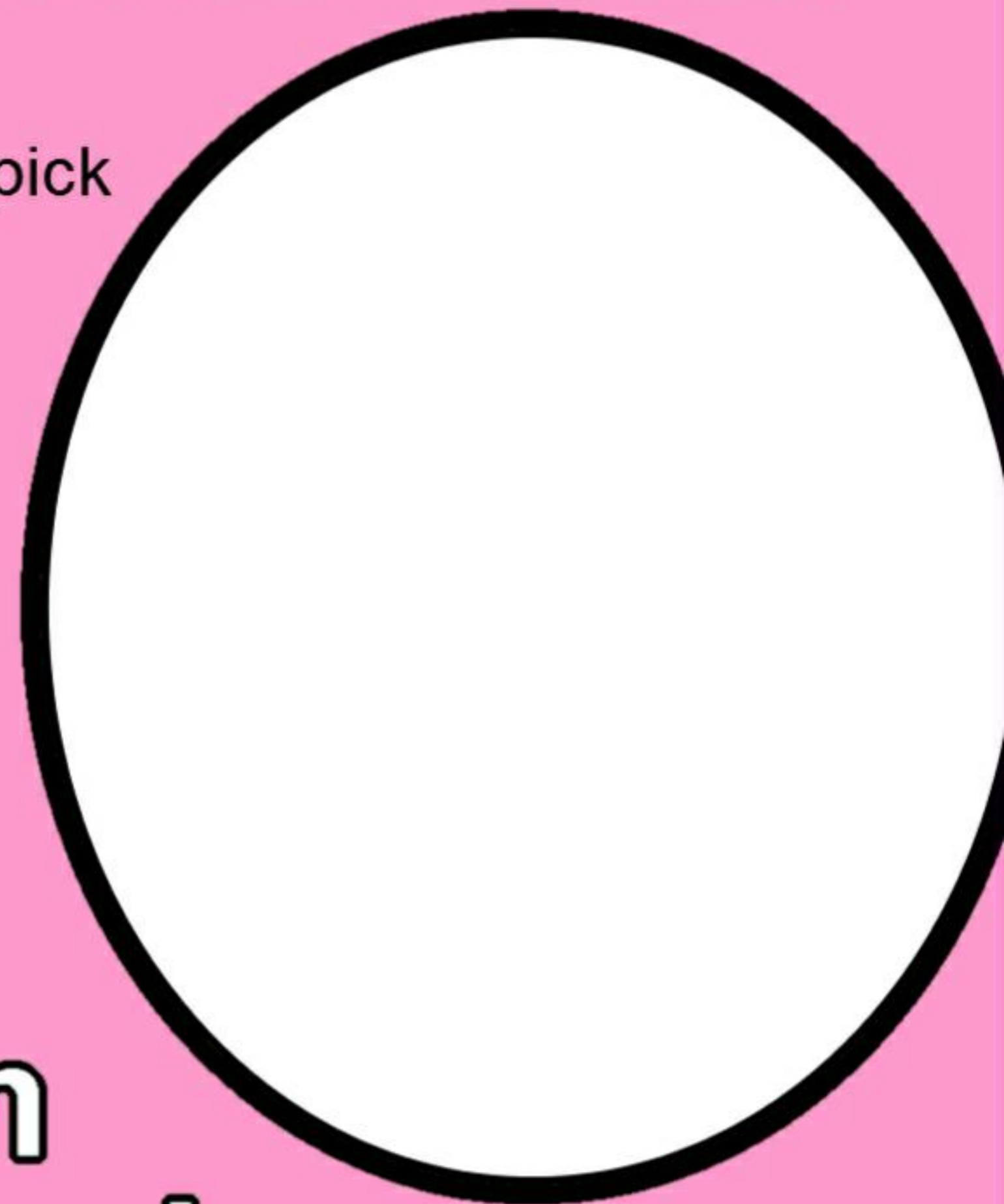
With an outward beauty of a person, I believe that beauty starts with the skin. It doesn't matter the shape or size even the clothes you are wearing but then if the skin is radiant and flawless the beauty has defined you, in that manner only the eyes of the beholder will recognize that. I'm not saying that a skin with impurities has no beauty, as interference to this fact everybody has beauty within them even if it isn't visible at first glance.

Here are ways to a radiant flawless skin:

- > Get enough sleep and take your time to relax. In that way your skin gets restoration.
- > Have a regular workout regime and drink a lot of water. That minimizes the skin's signs of aging.
- > Always be gentle with your skin and do not pick on blemishes because a little bleeding is a creation of a scar.
- > Wash your face every night to remove all the dirt you have collected during the day. And always use an SPF cream to protect your skin from the harmful sun rays.



**Let's love our skin
and embrace the color.**





Sello Masinga Age 28, born In Mashishing (Lydenburg). He Started School at Marambane Primary School. He continued studies at Mashishing Secondary School, and matriculated in 2006. He furthered his studies in the field of chemistry and biochemistry and received his Masters in chemistry in 2012.

Model at Just You Model Management



Q&A

Q:What are your views on the fees must fall?

A:“My view on the fees must fall is that it’s a great struggle that was long time coming. Fees in tertiary have been increasing very year and that was eventually going to have a strain on the less fortunate. I think government must do a self introspection and do away with corruption and mismanagement of funds. With Good leadership, the fees must fall dream can be realized”.

Q:If you could be cast in any of the new hot shows on TV, which show will it be and why?

A:“Queens, I am a great fan of the fergusons and I think if I were to be cast in their show it would be great for my growth as an artist. The show has a great cast that would really sharpen my craft”.

Q:Any future plans regarding the path you’ve chosen and what should people expect from Sello Masinga in the next coming 5 years?

A:“I see Sello not just as an artist but a business man. So along I work on my craft as an artist, business is my calling. So there will be work on that aspect of my life also. The future is enticing for me”.

Q:Which projects you worked on so far?

A:“My biggest project so far is the forever campaign which I am an ambassador to. The documentary seeks to raise awareness about cancer. It provides a roadmap for newly diagnosed patients.



Hobbies:

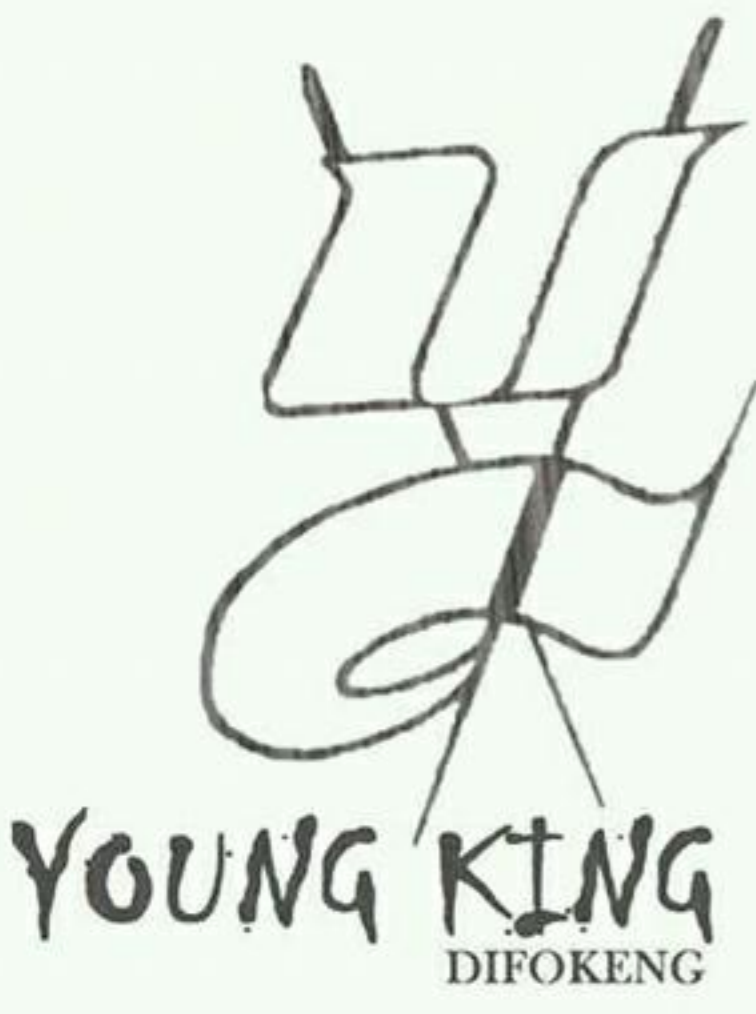
- Modeling
- Playing Soccer
- Listening to music.

Likes:

success, love, and enjoying life

Dislikes:

People taking other people for granted and exploiting them.



YOUNG KING

Designs





YOUNG KING

Designs





SUICIDE

The modern way
to escape to the
other side

South Africa has the eighth-highest suicide rate in the world

The country had approximately 8 000 suicides a year. Around one million suicides were recorded each year globally.

Suicide is the third greatest cause of unnatural death in the country. Around 230 people tried to commit suicide daily, while 23 succeed. Research showed that psycho-social factors such as untreated mental illness, substance abuse, family problems, trauma, rape, and poverty could be contributing to suicidal feelings.

According to studies around 70% of people who committed suicide showed warning signs. Some of the warning signs are; talking or thinking about death often, clinical depression, the loss of interest in things one used to care about, putting affairs in order, a sudden change in behaviour, unexpected switch from being very sad to being very calm or appearing to be happy, visiting or calling people to say goodbye, and giving away possessions

People with signs of depression needed to be reminded that there was help available. The World Health Organisation found that despite the high number of suicides across the globe, help for people thinking of committing suicide was not prioritised in the public health system.

South African Depression And Anxiety Group
Helpline: 0800 121314
SMS: 31393

24/7

Movie Review

Proudly
South
African

The Bush Knife

Created By Renaldo Kell

Starring

Bruce Gounder, Yarushka Singh, Ryan Mayne, Ashkelon Megnath, Eianza Nortje, Angela Val Verde, Jerome Naidu, Livania Carnello, Deon Chetty, Ishaal Singh, Cecil Pheta, Lauren, Laken, Ashrana , Nerim Abdel.



The Bush Knife is a gritty and dark film by Director Renaldo Kell and tells the story of a man who seeks vengeance for the loss of his family.

Description

William Singh/The Bush Knife is arrested after attacking a so called criminal organization known as The Skulls. He believed that these skull members were responsible for the murder of his family. Until a detective reveals otherwise.



**You don't want to
miss this One.**

Actors you didn't know died.

Lee Thompson Young



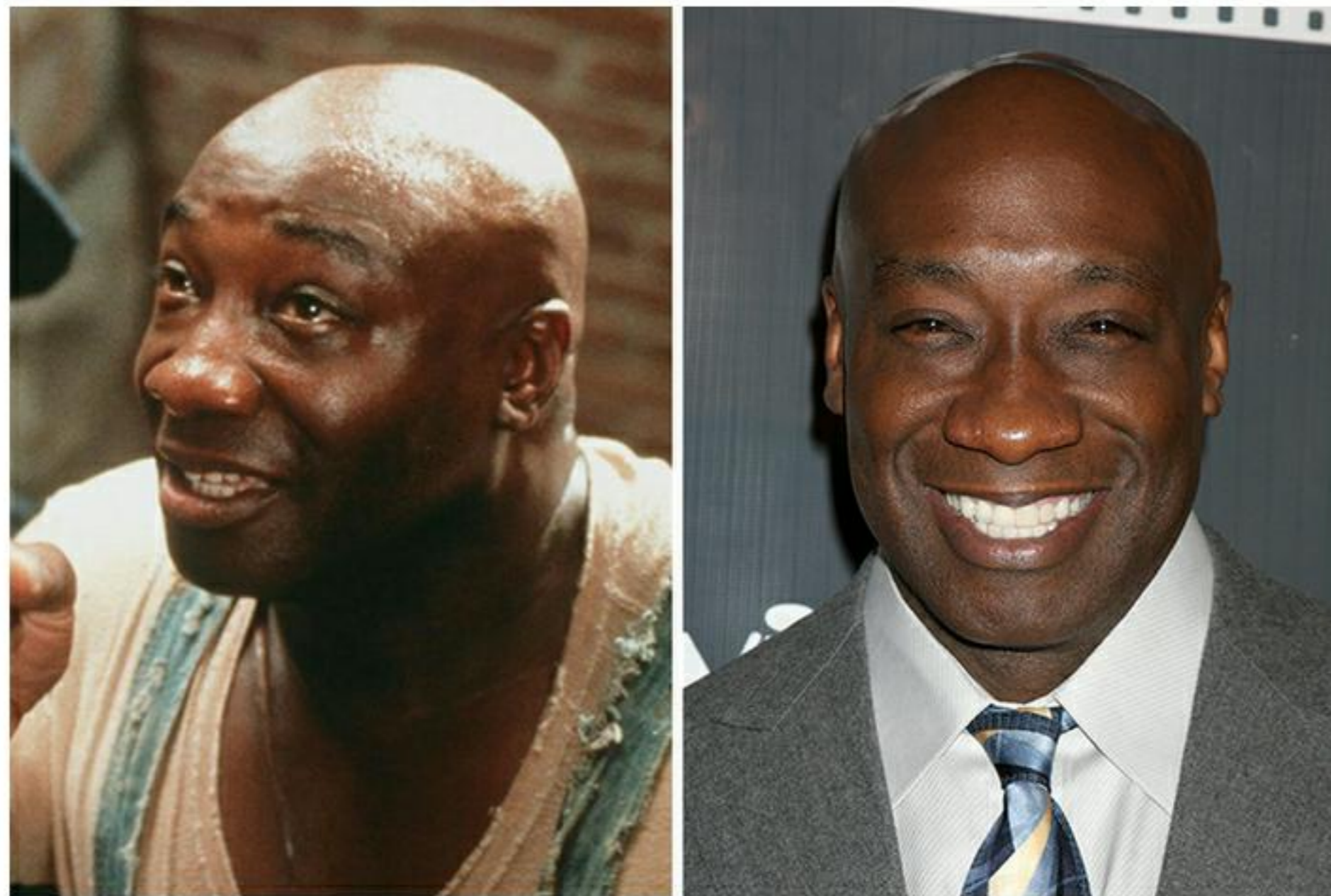
Young appeared in many TV shows, but his last role as series regular Detective Barry Frost on *Rizzoli and Isles* was his most notable. He died on August 19, 2013 at the age of 29 from an apparent suicide.

Andy Whitfield



It's always hard when a cast member dies during a show's run, but for *Spartacus: Blood and Sand*, the actor portraying its main character died. After completing work on the first season, Whitfield died from lymphoma on September 11, 2011. The role of Spartacus was recast and the show ran another two seasons.

Michael Clarke Duncan



Michael Clarke Duncan's death was probably the most publicized of anyone on this list, but not nearly enough was said about him considering what an accomplished actor he was. Duncan breathed life into the character of John Coffey in "The Green Mile," proved who the king of acting was in "Daredevil," and didn't monkey around during his time on set for "Planet of the Apes." Simply put, Michael Clarke Duncan was a big man with big acting talent, and his work ethic on set forced his coworkers to work even harder to match his level of dedication and energy. Michael Clarke Duncan was certainly no old man when he passed, but no one expected him to suffer a sudden heart attack at just 54 years old; when he spontaneously collapsed his girlfriend, Omarosa Manigault, attempted to perform CPR but he was hospitalized and after twenty days of support he passed on September 3rd in 2012.