

Activity: Tower Build

Skill: Communication

Process/Rules:

- Participants need to be split into teams of 5
- Groups will work collaboratively utilizing the triangle system to stack the five blocks on atop the other.
- If at any point, the tower falls over, the group must begin again
- Groups may not use their hands at any point to place the blocks on the wooden stacking plate.
- The only person allowed to touch the blocks with their hand is the facilitator
- Assign one person as the designated communicator for the activity – no one else is allowed to speak. After 5-10 minutes, allow everyone to communicate. After 5-10 more minutes pass – no one is allowed to speak and everyone must be quiet and move through this experience in complete silence. Repeat this process for 30 minutes.

Skill: Trust

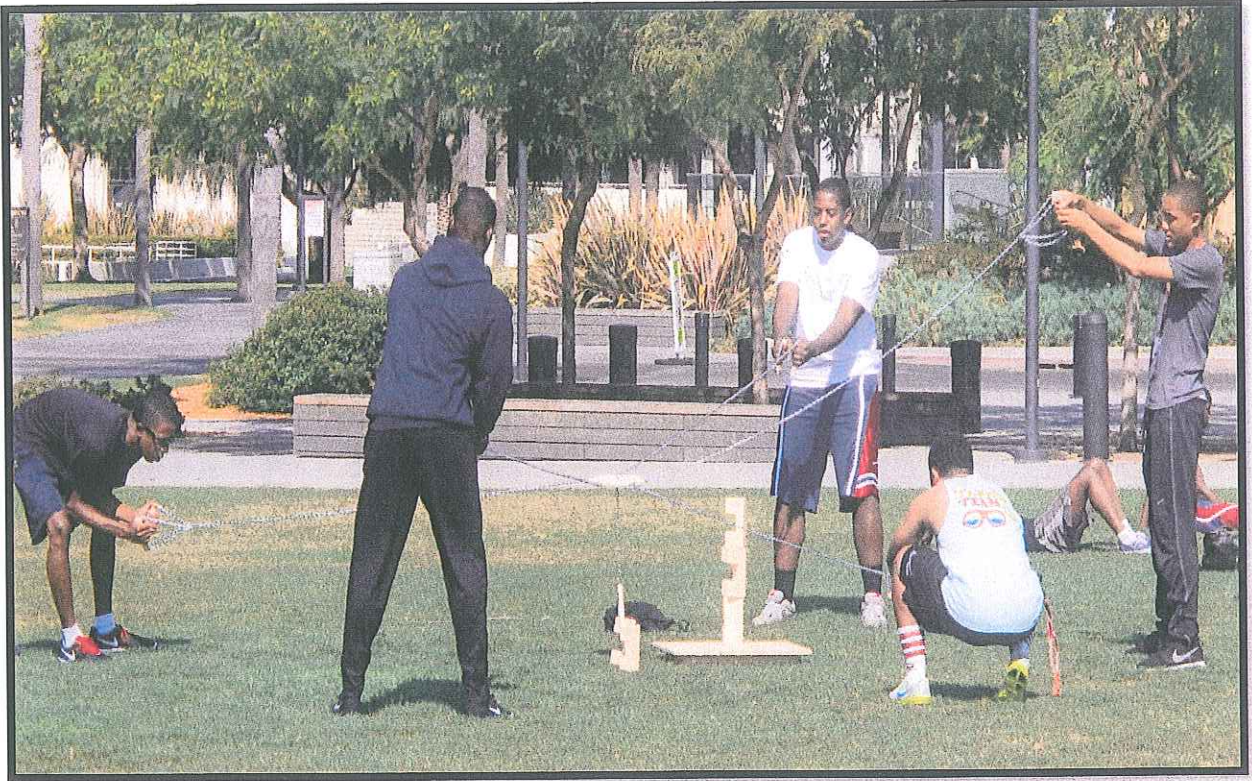
Process/Rules:

- Participants need to be split into teams of 6
- Groups will work collaboratively utilizing the triangle system to stack the five blocks on atop the other.
- If at any point, the tower falls over, the group must begin again
- Groups may not use their hands at any point to place the blocks on the wooden stacking plate.
- The only person allowed to touch the blocks with their hand is the facilitator
- Assign one person as the designated communicator for the activity – no one else is allowed to speak.
- Distribute blindfolds to the remaining group members, leaving the designated communicator as the sole sight seeing team member.

Skill: Vision/Goal Setting

Process/Rules:

- Participants need to be split into teams of 6
- Groups will work collaboratively utilizing the triangle system to stack the five blocks on atop the other.
- If at any point, the tower falls over, the group must begin again
- Groups may not use their hands at any point to place the blocks on the wooden stacking plate.
- The only person allowed to touch the blocks with their hand is the facilitator
- Facilitator distributes a detailed diagram illustration or articulates a specific way the blocks must be stacked on the wooden plate.



Example Tower Diagrams



